

Evaluating mentoring

We recommend you take time every three to six months to evaluate your mentoring relationship to ensure both parties are benefiting from the relationship and identify opportunities for improvement.

The questions below can be used as a starting point for self-reflection and shared discussion.

Questions to ask your Mentor/Mentee	Feedback: Successes / Opportunities for Improvement
Are we meeting with the appropriate frequency and for the right length of time?	
Are we following up on agreed action items between each meeting? Are the type / number of action items supporting the agreed development areas?	
What do you like most about our mentoring relationship? What do you like least and is this something we can change / improve?	
Are we successfully adhering to the agreed rules / expectations of the relationship?	
Is there anything you believe we should stop and/or start doing to improve the effectiveness of this relationship?	
What are your key takeaways to date from the relationship?	
How are we tracking on the overall goals and objectives set at the beginning of the relationship? Do we need to redirect the development focus?	