# Home Safety Checklist

Check through your home one room at a time. Tick if the item requires further attention. Note any changes you need to do to make your home safer and plan when to make these changes.

## Throughout the Home
- Are the floor coverings sound with no tripping hazards?
- Are there barriers near stairs to stop falls?
- Are there railings children could climb?
- Are there safety plugs fitted in power points?
- Have any potentially poisonous houseplants been removed?
- Are heaters and fans guarded?
- Are heavy pieces of furniture secured? (bookshelves, stove, tv, cabinets)
- Is there a dog mixing with children?
- Have extra long cords been shortened or extra cords hidden?
- Is there a list of emergency numbers? (Poisons Information Centre - Ph: 13 11 26)
- Have you a home escape plan in case of a fire?
- Other things I have noticed:

## Living Rooms
- Is the heating system guarded?
- Do the power points need covers?
- Has the furniture any sharp corners?
- Are blind cords out of reach?
- Are glass doors protected with safety film, colour stickers or made of safety glass?
- Are rugs and mats secured with non-slip backing and in good order?
- Are hot drinks placed well out of reach of children?
- Are heaters kept away from curtains, furniture or other flammable materials?
- Is alcohol stored in a child resistant cupboard?
- Are there safety guards attached to the wall for heaters, fire places and fuel stoves?
- Are cigarettes, ashtrays, matches and lighters out of reach?
- Other things I have noticed:

## Bathroom and Laundry
- Do I have a device installed to lower the temperature of water to 50 degrees?
- Can I fit child resistant tap covers?
- Are poisons including cosmetics locked up, out of sight and out of reach?
- Are razors and hair dryers stored out of sight and out of reach?
- Is the bath emptied immediately after use?
- Is the nappy bucket closed with a firm lid and placed up high?
- Does the floor, bath and shower have a non-slip surface?
- Is an electric floor heater used here?
- Other things I have noticed:

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## Home Safety Checklist Cont.

### Kitchen
- Do your appliances have shortened cords that do not dangle over the bench?
- Do you use the back hot plates and turn pot handles around to prevent pans being pulled from the stove?
- Are matches, knives and other sharp objects stored out of sight and out of reach of children?
- Are plastic bags out of reach or tied in the middle?
- Do you have a fire blanket, fire extinguisher or woolly blanket accessible?
- Is the microwave positioned out of children’s reach?
- Are poisons locked up high out of children’s reach and out of sight?
- Is the high chair stable and does it have a harness?
- Is the kettle out of reach?
- Other things I have noticed:

### Child’s Bedroom
- Are the curtain cords secured, out of sight and out of reach?
- Is everything I need close to the change table?
- Are the cot rails between 50mm and 85mm apart?
- Are the toys kept close where children can reach them without climbing?
- Are the toys in good condition and appropriate for a child’s age?
- Is there a nightlight?
- Do bunks have adequate rails to prevent falls?
- Is all medication out of sight and out of reach?
- Is furniture free from sharp corners?
- Are appliances and cords out of reach of children?
- Other things I have noticed:

### Outside
- Are pesticides, paints, chemicals and other poisons stored in their original containers locked up out of reach and out of sight of children?
- Are there drowning hazards? (fish ponds, wading pools, buckets of water or open drains)
- Is the pool or spa isolated on all four sides with a fence and gate that is selfclosing?
- Is play equipment stable and in good condition?
- If equipment is over 500mm from the ground there is a soft surface to a depth of 250mm to cushion falls?
- Are pathways clear of tripping hazards?
- Are garden statues and birdbaths cemented in to prevent a crushing hazard?
- Is the play area separate from the driveway?
- Is the garden free from poisonous plants?
- Are branches pruned above eye level to avoid eye injury?
- Other things I have noticed: